

## **CV Aristides ZIBIS, MD, PhD**

### **Associate Professor of Anatomy University of Thessaly**

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**RESIDENCY:** Internship in General Surgery at the General Hospital of Karditsa (10/1/2000-10/10/2000). Orthopaedic Department of the University of Larissa Medical School. (2000-2006)

**FELLOWSHIP:** 11/2005 - 12/2007: Clinical Spine Fellowship at Hersey Medical Center, Orthopaedic Department, Penn State University, USA

**DISSERTATION THESIS:** osteonecrosis of femoral head osteonecrosis: evaluation and treatment. Presented to and approved by the University of Thessaly Medical School “Excellent” degree in December 2006.

#### **SOCIETIES:**

- 1) State Medical Association of Larissa.
- 2) Greek Society of Hand Surgery since 2004.
- 4) Greek Society of Arthroscopy since 2005.
- 5) Greek Society of Surgeons – Orthopedics since 2013.
- 6) International Association for Medical Education in Europe (AMEE)

**RESEARCH ACTIVITY:** Participated in numerous research projects in Greece and later in the U.S.A. These programs related to the study of anatomical variations of the skeleton, particularly the spine and the femoral head and knee (Dr. Zibis supervise three dissertations on these fields). He also studies the disorders of the musculoskeletal system with modern imaging methods. An important part of the research activity concerns the investigation of the pathogenesis of osteonecrosis of the skeleton, accurate and sensible diagnosis and treatment with modern methods. The most recent research activity is the modern methods of training in medicine (Dr. Zibis supervise a dissertation on this field).

#### **REVIEWER FOR SCIENTIFIC JOURNALS:**

- 1) European Spine Journal
- 2) Pediatric Rheumatology
- 3) Arthritis care and Research
- 4) Medical Science Monitor

#### **HONORS – AWARDS:**

- 1) 1991-1992: Second year of medical studies: the second best performance scholarship.
- 2) 1992-1993: Third year of medical studies: the second best performance scholarship.
- 3) 1996: Second best performance degree at the Graduation of Medical School of Larissa.
- 4) Awards Work: “Tackling the stiffness of the match operation Outerbridge Kashiwagi”. KN Malizos, S Varytimidis, T Karahalios, K. Bargiotas , A. Zimpis DCs. Third joint conference orthopedics company in Cyprus with the Greek Orthopaedic College. 20-22/9/2002, Nicosia Cyprus.
- 5) Awards paper: correlation of consequent intervertebral spaces in spinal column. Zibis at all 11th national spine congress Athens 2017.
- 6) Awards paper: Morel-Lavalle lesions of the Knee findings with MRI and cadaveric experiment. Zibis at all 73rd EEXOT Athens 2017

**ORGANIZATIONAL EXPERIENCE:** Dr Zibis has organized 48 cadaveric courses since 2013 (15 of them international,) for training medical students or orthopaedic surgeons. The most important of these are: **a)** 5th International Cartilage Repair Society Surgical Skills Course. University of Thessaly, Anatomy Lab. Larissa, October 23-25 2014. **b)** Clinical Shoulder Anatomy. Once per year **c)** Medical Skills Seminar “Suturing course at cadaveric specimens”. Twice per year.

**TEACHING AND EDUCATIONAL ACTIVITY:**Dr. Zibis’ teaching experience starts before the acquisition of the specialty of orthopedics as he participated in teaching workshops of anatomy and neuroanatomy or pathology in the Department of Medicine, University of Thessaly. During his fellowship at the U.S. he took part at more than 500 operative spine cases. He also participated in the training of trainees in orthopedic surgical techniques of the spine. After entering the laboratory as anatomy lecturer participated continuously in the teaching of anatomy, both in classrooms, and in the laboratory. Since 2013 he is corresponding teacher of “surface clinical anatomy” which is an elective lesson at Medical school of Larisa.

**PUBLICATIONS:** Dr. Zibis has a significant number of Greek and International publications, published abstracts and writing chapters in orthopedic literature. Shows until today 50 peer review papers in international journals. He was the 1st or correspondence author at 18, 2nd author at 17, 3rd at 12. The number of citations of his publications is 565 according to scopus (with h-index 13), 779 according to research-gate (with h-index 16) and 954 (with h-index 15) according to Google Scholar. He is the author of two books referring “*The clinical anatomy of the Shoulder*” and “*Surface and clinical anatomy of Human body*”. He is also author of 6 chapters in orthopaedic textbooks (3 of them international). Finally, he has published 36 abstracts in international supplements. Participated as an invited speaker at a large number (113) conferences and seminars to address issues of orthopaedic or musculoskeletal anatomy.