

Ioannis Stefanidis, M.D.,Ph.D.

Professor of Internal Medicine/Nephrology
Dean of the Faculty of Medicine
School of Health Sciences
University of Thessaly,
Larissa, Greece

Curriculum Vitae

Larissa, 2013

BRIEF PORTRAIT

Personal Details

Name: Ioannis Stefanidis MD PhD
Title: Professor of Internal Medicine / Nephrology
Dean of the Faculty of Medicine
School of Health Sciences, University of Thessaly, Greece

Address: Papadiamandi 7, 41223 Larissa, Greece
Tel.: +30-2413501667
Fax: +30-2413501667
E-mail: stefanid@med.uth.gr
Date of Birth: 01 September 1963
Place of Birth: Berlin
Family Status: Married to Vasiliki Karatolia, two children Eleni and Loukas.

Education

1999 Aachen University, Department of Medicine, (**Priv Doz**)
1996 Aachen University; Department of Medicine, Germany (**Dr Med**)
1981-1987 Medical School, University of Ioannina, Greece (**MD**)
1975-1981 2nd Secondary School of Larissa
1969-1975 6th and 1st Primary School of Larissa

Languages

German: Zertifikat (1979), Mittelstufe Reifezeugnis Goethe Institut (1987),
PNDS University of Aachen (1990)

English: Diploma in English (Level Intermediate, 1977), First Certificate in English, University Cambridge (1979), Proficiency in English, University Michigan (1979). National Certificate to teach the English language in Greece (1980).

Employment History

- Chief of Nephrology Division at the University Hospital of Larissa, Greece (2000 – present).
- Consultant Physician Dept of Nephrology and Immunology University Hospital of Aachen Polytechnic, Germany (1998-1999)
- Chief Resident in Emergency Room, Dept of Nephrology and Immunology University Hospital of Aachen Polytechnic, Germany (1996-1997)
- Chief Resident in Home-Hemodialysis Unit at University Hospital of Aachen (1994-1995)

Research Interests

- Genetics of multifactorial disorders in Nephrology
- Physiology of mesothelial and mesangial cells
- Systemic influence of renal disease and therapies

Research Related Activities

2000–present Research Leader in Nephrology Research Group, University of Thessaly, Greece

1999-present Visiting Professor in Internal Medicine, Aachen University, Germany

Ph.D. Students, Research Grants, Research Scholarships, Conferences

- *Ph.D.* : 2 completed, 7 pending
- *Research Grants*: ~ € 754.274,52
- *Research Scholarships*: 1
- *Conference Organization/Administration*: 4

Publications /Citations

| | |
|--------------------------------------------|-----|
| - Books | 1 |
| - Chapters in Books | 10 |
| - Journal publications | 54 |
| - Abstracts & conference proceedings | 132 |
| - Number of citations (ISI web of science) | 609 |

Publications

- 1.** Eleftheriadis T, Pissas G, Yiannaki E, Markala D, Arampatzis S, Antoniadis G, Liakopoulos V, Stefanidis I.
Inhibition of indoleamine 2,3-dioxygenase in mixed lymphocyte reaction affects glucose influx and enzymes involved in aerobic glycolysis and glutaminolysis in alloreactive T-cells.
Hum Immunol. doi: <http://dx.doi.org/10.1016/j.humimm.2013.08.268>
- 2.** Eleftheriadis T, Yiannaki E, Antoniadis G, Liakopoulos V, Pissas G, Galaktidou G, Stefanidis I.
Plasma indoleamine 2,3-dioxygenase and arginase type I may contribute to decreased blood T-cell count in hemodialysis patients.
Ren Fail. 2012;34:1118-22.
- 3.** Schormair B, Plag J, Kaffe M, Groß N, Czamara D, Samtleben W, Lichtner P, Ströhle A, Stefanidis I, Vainas A, Dardiotis E, Sakkas GK, Gieger C, Müller-Myhsok B, Meitinger T, Heemann U, Hadjigeorgiou GM, Oexle K, Winkelmann J.
MEIS1 and BTBD9: genetic association with restless leg syndrome in end stage renal disease.
J Med Genet. 2011;48:462-6
- 4.** Giannaki CD, Sakkas GK, Hadjigeorgiou GM, Karatzaferi C, Patramani G, Lavdas E, Liakopoulos V, Koutedakis Y, Stefanidis I.
Non-pharmacological management of periodic limb movements during hemodialysis session in patients with uremic restless legs syndrome.
ASAIO J. 2010;56:538-42.
- 5.** Oikonomou K, Kapsoritakis A, Eleftheriadis T, Stefanidis I, Potamianos S.
Renal manifestations and complications of inflammatory bowel disease.
Inflamm Bowel Dis. 2011;17:1034-45. doi: 10.1002/ibd.21468.
- 6.** Kitsios GD, Stefanidis I, Zintzaras E.
Lack of association between common endothelial nitric oxide synthase gene haplotypes and left ventricular hypertrophy in hypertension.
DNA Cell Biol. 2010;29:273-6.
- 7.** Karioti A, Hatzoglou C, Zarogiannis S, Deligiorgi T, Kourti P, Giannopoulou M, Arampatzis S, Liakopoulos V, Gourgoulialis K, Molyvdas PA, Stefanidis I.
Spironolactone increases permeability of visceral sheep peritoneum.
Adv Perit Dial. 2009;25:16-9.
- 8.** Stefanidis I, Kytoudis K, Papathanasiou AA, Zaragotas D, Melistas L, Kitsios GD, Yiannakouris N, Zintzaras E.
XbaI GLUT1 gene polymorphism and the risk of type 2 diabetes with nephropathy.
Dis Markers. 2009;27:29-35.
- 9.** Zintzaras E, Papathanasiou AA, Stefanidis I.
Endothelial nitric oxide synthase gene polymorphisms and diabetic nephropathy: a HuGE review and meta-analysis.
Genet Med. 2009;11:695-706.
- 10.** Sakkas GK, Karatzaferi C, Zintzaras E, Giannaki CD, Liakopoulos V, Lavdas E, Damani E, Liakos N, Fezoulidis I, Koutedakis Y, Stefanidis I.

Liver fat, visceral adiposity, and sleep disturbances contribute to the development of insulin resistance and glucose intolerance in nondiabetic dialysis patients.
Am J Physiol Regul Integr Comp Physiol. 2008;295:R1721-9.