

Curriculum Vitae

PETROS G. TZIMAS, MD, PhD



Date and place of Birth: 20 June 1971, Ioannina, Greece

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EDUCATION:

- Faculty of Medicine, School of Health Sciences, University of Ioannina, Ioannina, Greece: Doctorate Degree (Greek equivalent of PhD): «The value of cardiac Troponin I as a predictor of morbidity and mortality in patients undergoing Coronary Artery Bypass Grafting» (2004-2008).
- Faculty of Medicine, School of Health Sciences, University of Ioannina, Ioannina, Greece: Medical degree (1997-2002).
- Department of Nursing, Faculty of health & welfare professions, Technological Educational Institution of Epirus, Ioannina, Greece: Degree of Technological Institution (1992-1996).

PROFESSIONAL EXPERIENCE:

- **Associate Professor of Anaesthesia**, Department of Anaesthesiology and Postoperative Intensive Care. Faculty of Medicine, School of Health Sciences, University of Ioannina, Ioannina, Greece (2019 –Present)
- Assistant Professor of Anaesthesia, Department of Anaesthesiology and Postoperative Intensive Care. Faculty of Medicine, School of Health Sciences, University of Ioannina, Ioannina, Greece (2014-2019).
- Lecturer in Anaesthesia, Department of Anaesthesiology and Postoperative Intensive Care, Faculty of Medicine, School of Health Sciences, University of Ioannina, Ioannina, Greece (July 2011- 2014).
- Clinical and research fellowship in the Department of Anaesthesia of the Royal Free Hospital, London, UK (January 2011-June 2011).
- Specialist Anaesthesiologist in Emergency Medical Services at Ioannina, Epirus, Greece (November 2008-January 2011).
- Resident in Anaesthesiology, Department of Anaesthesiology and Postoperative Intensive Care, University hospital of Ioannina, Ioannina, Greece (May 2003-May 2008).

RESEARCH FIELD OF PARTICULAR INTEREST:

Anaesthesia for HPB and cardiothoracic surgery, Perioperative antithrombotic monitoring.

MEMBER OF SCIENTIFIC SOCIETIES:

Hellenic Society of Anaesthesiology, European Society of Anaesthesiology (Id: 171804-GR-Act.), General Medical Council, UK: Full registration (Ref: 7092346), Institute for the Study and Education on Thrombosis and Antithrombotic Therapy.

REFEREE IN PEER REVIEWED MEDICAL JOURNALS:

Acta Anaesthesiologica Scandinavica, Journal of Clinical Anesthesia, BMC Research Notes, HPB: The Official Journal of the International Hepato-Pancreato-Biliary Association, Journal of International Medical Research, Angiology, , Brain and Behavior, Drugs and Aging, BMJ Open.

SELECTED PUBLICATIONS IN PEER-REVIEWED JOURNALS—(41 IN TOTAL):

1. **Tzimas P. G.**, Milionis H.J., Arnaoutoglou H. M., Kalantzi K. J., Pappas K., Karfis E., Korantzopoulos P., Drossos G., Papadopoulos G. S. Cardiac troponin I versus creatine kinase-MB in the detection of postoperative cardiac events after coronary artery bypass grafting surgery. J Cardiovasc Surg. 2008; 49(1):95-101.

2. Kalantzi K, Korantzopoulos P, **Tzimas P**, Katsouras C. S., Goudevenos J. A., Milionis H. J. The relative value of metabolic syndrome and cardiovascular risk score estimates in premature acute coronary syndromes. *Am Heart J*. 2008; 155(3):534-540.
3. **Tzimas P**, Milionis H, Arnaoutoglou H, Kalantzi K, Karfis E, Korantzopoulos P, Pappas K, Drossos G, Papadopoulos G. The value of postoperative troponin levels in predicting long-term mortality after coronary artery bypass surgery. *Ann Card Anaesth*. 2009 Jan-Jun; 12(1):86-8.
4. Korantzopoulos P, **Tzimas P**, Kalantzi K, Kostapanos M., Vemmos K., Goudevenos J., Elisaf M., Milionis H. Association between serum gamma-glutamyltransferase and acute ischemic non-embolic stroke in elderly subjects: A case-control study and review of the literature. *Arch Med Res*. 2009 Oct; 40(7):582-9.
5. **Tzimas P**, Baikoussis N. G., Kalantzi K., Papadopoulos G. Is early assessment of cardiac troponin I a valuable predictor of mortality after cardiac surgery? *Interact CardioVasc Thorac Surg*. 2010; 10:416-417.
6. Panagopoulou V., **Tzimas P**, Arampatzis P, Aroni F., Papadopoulos G. The effect of physostigmine on the recovery from general anesthesia in elderly patients. *Minerva Anesthesiol*. 2011 Apr; 77:401-7.
7. **Tzimas P**, Prout J., Papadopoulos G., and Mallett S. V. Epidural anaesthesia and analgesia for liver resection. *Anaesthesia* 2013, 68(6):628-35.
8. Papadopoulos G., Dounousi E., Papathanasiou A., Papathanakos G., **Tzimas P**. Cerebral oximetry values in dialyzed surgical patients. A comparison between hemodialysis and peritoneal dialysis. *Renal Failure* Jul; 35(6):855-9.
9. Papadopoulos G., Pouangare M., Papathanakos G., Arnaoutoglou E., Petrou A., **Tzimas P**. The effect of ondansetron on postoperative delirium and cognitive function in aged orthopedic patients. *Minerva Anesthesiol*. 2014 Apr; 80(4):444-51.
10. **Tzimas P**, Petrou A., Laou E., Milionis H., Mikhailidis D. P. and Papadopoulos G. Impact of metabolic syndrome in surgical patients: should we bother? *British Journal of Anaesthesia* 115 (2): 194–202 (2015).
11. **Tzimas P**, Andritsos E., Arnaoutoglou E., Papathanakos G. and Papadopoulos G. Short-term postoperative cognitive function of elderly patients undergoing first versus repeated exposure to general anesthesia. *Middle East J Anaesthesiol*. 2016 Jun; 23(5):535-42.
12. **Editorial: Tzimas P**, Milionis H. Metabolic Syndrome: Can It Predict Adverse Outcomes in Patients Undergoing Carotid Revascularization? *Angiology* 2016 Sep 20. pii: 0003319716669461.
13. Micha G., **Tzimas P**, Zalonis I., Kotsis K., Papadopoulos G. and Arnaoutoglou E. Propofol vs Sevoflurane anaesthesia on postoperative cognitive dysfunction in the elderly. A randomized controlled trial. *Acta Anaesthesiol Belg*. 2016; 67(3), pp. 129-137.
14. Arnaoutoglou E., Kouvelos G., **Tzimas P**, Laou E., Bouris V., Papadopoulos G., Matsagkas M. Relationship between normal preoperative white blood cell count and major adverse events after endovascular repair for abdominal aortic aneurysm: results of a pilot study. *J Clinl Anesth*. 36 (2017) 201–205.
15. Laou E., Milionis H., Petrou A., Arnaoutoglou E., Glantzounis G., Bairaktari E., Mavridis D., Mikhailidis D P., Papadopoulos G., **Tzimas P**. The impact of metabolic syndrome and its components on perioperative outcomes after elective laparotomy - A prospective observational study. *The American Journal of Surgery* 2017 Nov;214(5):831-837.
16. **Tzimas P**, Tsoumani M., Giannakis D., Kalantzi K., Petrou A., Chantzichristos V, Sofikitis N., Papadopoulos G., Milionis H., and Tselepis A. Clopidogrel therapy in cardiovascular patients undergoing transurethral resection of the prostate: A step towards individualization. *Drugs Aging* 2017 Dec;34(12): 917-923. doi: 10.1007/s40266-017-0504-4.
17. Petrou A., Chortaria G., **Tzimas P**, Papadopoulos G. Negative pressure pulmonary edema (Letter). *Anaesthesia, Pain & Intensive Care*, Volume 21, Issue 3, July-September 2017; 21(3), pp. 393.
18. Glantzounis GK, Paliouras A, Stylianidi MC, Milionis H, **Tzimas P**, Roukos D, Pentheroudakis G, Felekouras E. The role of liver resection in the management of intermediate and advanced stage hepatocellular carcinoma. A systematic review. *Eur J Surg Oncol*. 2018 Feb;44(2):195-208. doi: 10.1016/j.ejso.2017.11.022. Epub 2017 Dec 12. Review.
19. Bolosi M., Peritogiannis V., **Tzimas P**, Margaritis A., Milios K., Rizos DV. Depressive and Anxiety Symptoms in Relatives of Intensive Care Unit Patients and the Perceived Need for Support. *J Neurosci Rural Pract*. 2018 Oct-Dec;9(4):522-528. doi: 10.4103/jnrp.jnrp_112_18.

20. **Tzimas P.**, Samara E., Petrou A., Korompilias A., Chalkias A., Papadopoulos G. The influence of anesthetic techniques on postoperative cognitive function in elderly patients undergoing hip fracture surgery: General vs spinal anesthesia. *Injury*. 2018 Dec;49(12):2221-2226. doi: 10.1016/j.injury.2018.09.023. Epub 2018 Sep 11.